KINTORE WAY NURSERY SCHOOL & CHILDREN'S CENTRE

Lunch Menu (Autmn Term)

Week (1) Beginning 02/11/26 - 23/11/26 - 14/12/26

the Grove Nursery School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish	**Meatballs in Gravy**	**Jerk Chicken**	**Fish Fingers**	**Chicken Fried Rice**	**Vegetable Curry**
Vegetarian/Vegan	**Quorn Meatballs**	**Jerk Pieces**	**Veggie Fingers**	**Vegetable Fried Rice**	**Vegetable Curry**
Starchy Foods (Rice/Pasta/Potato etc.)	**Mashed Potato**	**Rice**	**Chips**	**Rice**	**Cous Cous**
Vegetables	**Cabbage & Carrot**	**Peas**	**Baked Beans**	**Mixed Vegetables**	
Salad	**Mixed Salad**	**Mixed Salad**	**Mixed salad**	**Mixed Salad**	**Mixed Salad**
Desert	**Stewed Pears Fresh Fruit**	**Cheese & Crackers Fresh Fruit**	**Rice Pudding**	**Fruit Salad**	**Fruit Crumble & Custard**
ALLERGENS	**Egg**	**Egg Gluten Dairy**	**Gluten Fish Dairy**	**Soya**	**Gluten Dairy**

Please note: We receive weekly food deliveries from Felix, a food Charity, we plan our menu after this delivery each Wednesday. We follow the school food standards and the 'Eat Better, Start Better' guidelines. If your child has any food allergies please speak to your child's key person. We cater for children's special dietary needs.

- **Fresh water is offered with every meal**

Felix THE FELIX PROJECT GOOD FOOD FOR GOOD CAUSES

KINTORE WAY NURSERY SCHOOL &

Lunch Menu (Autmn Term)
Week (2) Beginning 09/11/26 - 30/11/26

the Grove Nursery School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish	Spaghetti Bolognese (Lamb Mince)	Chick Pea Lentil Curry	Roast Chicken	Salmon Pasta Bake	Sweet & Sour Chicken
Vegetarian/Vegan	Quorn Mince Bolognese	Chick Pea Lentil Curry	Roast Quorn Fillets	Vegetable Pasta Bake	Quorn Pieces
Starchy Foods (Rice/Pasta/Potato etc.)	Wholemeal Pasta	Rice	Roast Potato	Wholemeal Pasta	Noodles
Vegetables	Broccoli	Mixed Vegetables	Green Cabbage	Sweetcorn	Peas & Carrot
Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Carrot & Cucumber Sticks
Desert	Natural Yoghurt Fresh Fruit	Cheese & Crackers Fresh Fruit	Fruit Salad & Cream	Cake & Custard Fresh Fruit	Peaches & Cream
ALLERGENS	Gluten Egg Dairy	Gluten Dairy	Dairy	Gluten Egg Dairy	Dairy Egg

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KINTORE WAY NURSERY SCHOOL &

Lunch Menu (Autmn Term)
Week (3) Beginning: 16/11/26 – 7/12/26 - the Grove Nursery School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish	Beef Casserole	Fish cakes With Homemade Tomato Sauce	Shepherd's Pie (Lamb Mince)	Chicken Curry	Lentil & Vegetable Stew
Vegetarian/Vegan	Quorn Savoury Mince	Quorn Fingers	Shepherd's Pie (Quorn Mince)	Vegetable Curry	Lentil & Vegetable Stew
Starchy Foods (Rice/Pasta/Potato etc.)	Boiled Potatoes	Potato Wedges	Mashed Potato	Rice	Cous Cous
Vegetables	Peas	Sweetcorn	Broccoli & Cauliflower	Mixed Vegetables	Carrots
Salad	Cucumber & Carrot Sticks	Mixed Salad	Mixed salad	Mixed Salad	Cucumber & Pepper Sticks
Desert	Jelly & Cream Fresh Fruit	Fruit Crumble & Custard Fresh Fruit	Natural Yoghurt & Fruit Fresh Fruit	Cheese & Crackers	Semolina Fruit Puree
ALLERGENS	Egg Dairy	Fish Egg Gluten Dairy	Dairy	Gluten Dairy	Dairy

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- **Fresh water is offered with every meal**

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