

|   | MONDAY                                       | TUESDAY   | WEDNESDAY                                     | THURSDAY                                   | FRIDAY   |
|---|--|---|---|--|--|
| Meat/Fish                                 | Chilli Con Carne                             | Fish Fingers<br><i>Wheat</i>                              | Vegetable Pasta Bake<br><i>Gluten</i>         | Jacket Potato<br>Cheese/Beans              | Sweet/Sour<br>Chicken                                |
| Vegetarian                                | Chilli Con Carne                             | Vegetable Fingers<br><i>Wheat</i>                         | -   | -  | Quorn Chicken  |
| Starchy Foods<br>(Rice/Pasta/Potato etc.) | Rice   | Chips   | Pasta<br><i>Gluten</i>                        | Potato                                     | Rice   |
| Vegetables                                | Broccoli                                     | Peas  | Sweetcorn                                     | Beans                                      | Mixed Vegetables                                     |
| Salad                                     | Mixed Salad                                  | Mixed Salad   | Mixed Salad                                   | Mixed Salad                                | Mixed Salad  |
| Desert                                    | Frozen Yoghurt<br>Fresh Fruit<br><i>Milk</i> | Fruit Crumble Custard<br>Fresh Fruit<br><i>Wheat/Milk</i> | Peaches & Cream<br>Fresh Fruit<br><i>Milk</i> | Rice Pudding<br>Fresh Fruit<br><i>Milk</i> | Cheese Crackers<br>Fresh Fruit<br><i>Gluten/Milk</i> |
| ALLERGENS                                 | <i>Milk</i>                                  | <i>Milk/Wheat</i>   | <i>Milk</i>                                   | <i>Milk</i>                                | <i>Gluten/Milk/Wheat</i>                             |

**Please note:** We receive weekly food deliveries from Felix, a food Charity, we plan our menu after this delivery each Wednesday. We follow the school food standards and the 'Eat Better, Start Better' guidelines. If your child has any food allergies please speak to your child's key person. We cater for children's special dietary needs.

- Fresh water is offered with every meal

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|---|--|--|--|---|--|
| Meat/Fish                                 | Fish Cake<br><i>Wheat</i>                          | Macaroni & Cheese<br><i>Dairy/Gluten</i>     | Chicken Curry                                  | Shepherd's Pie  | Salmon Pasta<br><i>Gluten</i>          |
| Vegetarian                                | Vegetable Sausages                                 | Tomato Pasta                                 | Vegetable Curry                                | Vegetable Pie   | -                                      |
| Starchy Foods<br>(Rice/Pasta/Potato etc.) | New Potato   | Pasta  | Rice   | Potato  | Pasta<br><i>Gluten</i>                 |
| Vegetables                                | Peas<br>Sweetcorn                                  | Beans  | Mixed Vegetables                               | Greens  | Sweetcorn                              |
| Salad                                     | Mixed Salad  | Mixed Salad                                  | Mixed Salad                                    | Mixed Salad   | Mixed Salad                            |
| Desert                                    | Sponge & Custard<br>Fresh Fruit<br><i>Egg/Milk</i> | Fruit Yoghurt<br><i>Dairy</i><br>Fresh Fruit | Peaches & Cream<br><i>Dairy</i><br>Fresh Fruit | Crackers/Cheese<br><i>Dairy/Gluten</i><br>Fresh Fruit | Semolina<br><i>Milk</i><br>Fresh Fruit |
| ALLERGENS                                 | <i>Milk/Egg/Wheat</i>                              | <i>Milk/Wheat<br/>Gluten</i>                 | <i>Milk</i>                                    | <i>Milk/Wheat<br/>Gluten</i>                          | <i>Milk</i>                            |

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| Meat/Fish                                 | Jacket Potato   | Meatballs                                      | Pizza<br>Cheese/Tomato<br><i>Gluten/Dairy</i> | Spaghetti Bolognese          | Vegetable Lasagne<br><i>Gluten/Dairy</i>        |
| Vegetarian                                | -   | Vegetable Sausages                             | Vegetable Nuggets                             | Vegetable Bolognese          | -   |
| Starchy Foods<br>(Rice/Pasta/Potato etc.) | Potato  | Potato   | Wedges  | Pasta<br><i>Gluten</i>       | Wedges/Pasta                                    |
| Vegetables                                | Cheese/Beans<br><i>Dairy</i>                            | Broccoli                                       | Sweetcorn                                     | Broccoli<br>Mixed Vegetables | -   |
| Salad                                     | Mixed Salad   | Mixed Salad                                    | Mixed Salad                                   | Mixed Salad                  | Mixed Salad                                     |
| Desert                                    | Crumble & Custard<br><i>Gluten/Dairy</i><br>Fresh Fruit | Cheese/Crackers<br><i>Dairy</i><br>Fresh Fruit | Frozen Yoghurt<br><i>Dairy</i><br>Fresh Fruit | Jelly<br>Fresh Fruit         | Banana & Custard<br><i>Dairy</i><br>Fresh Fruit |
| ALLERGENS                                 | <i>Dairy/Wheat</i>                                      | <i>Dairy</i>                                   | <i>Milk</i><br><i>Gluten</i>                  | -                            | <i>Milk</i>                                     |

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