

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish	<i>Chicken Dish</i> Chicken Curry	<i>Meat Free</i> Macaroni Cheese (Wheat/Gluten)	<i>Meat Dish</i> Shepherd's Pie	<i>Fish Dish</i> Tuna Pasta Bake (Wheat/Gluten/Egg)	<i>Meat Free</i> Noodles (Wheat/Gluten)
Vegetarian	Vegetable Curry		Veggie Pie	Pasta Bake	
Other Dietary Needs					
Starchy Foods (Rice/Pasta/Potato etc.)	Rice	Pasta	Potatoes	Pasta	Noodles
Vegetables	Broccoli	Baked Beans	Cabbage	Mixed Vegetables	
Salad	Carrot & Cucumber sticks	Mixed Salad	Tomato & Cucumber	Carrot & Cucumber sticks	Mixed Salad
Dessert	<i>Cheese & Crackers</i> (Milk/Wheat/Gluten) & Fresh Fruit	<i>Fruit based dessert with dairy accompaniment</i> Banana & Custard (Milk) & Fresh Fruit	<i>Fruit based dessert with dairy accompaniment</i> Mixed Fruit Salad (Milk) & Fresh Fruit	<i>Fruit based dessert with dairy accompaniment</i> Peaches & Cream (Milk) & Fresh Fruit	<i>Fruit based pudding or cake</i> Fruit Crumble & Custard (Milk/Wheat/Gluten/Milk) & Fresh Fruit

Please note: We receive weekly food deliveries from FareShare, a food Charity, we plan our menu after this delivery each Wednesday. We follow the school food standards and the 'Eat Better, Start Better' guidelines.

If your child has any food allergies please speak to your child's key person. We cater for children's special dietary needs.

- **Fresh water is offered with every meal**

Lunch Menu (Autumn Term)

Week (3) Beginning: 15/01/24

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish	<i>Fish Dish</i> Fish Fingers & Chips (Wheat/Gluten/Egg)	<i>Meat Free</i> Vegetable Curry & Rice (Wheat/Gluten/Egg)	<i>Chicken Dish</i> Chicken Casserole	<i>Meat free</i> Spaghetti Bolognese (Wheat/Gluten/Egg)	<i>Meat Dish</i> Jacket Potato Tuna & Cheese (Wheat/Gluten)
Vegetarian	Quorn Sausages		Quorn Casserole	Vegetable Curry & Rice	Vegetable Bolognese
Other Dietary Needs					
Starchy Foods (Rice/Pasta/Potato etc.)	Potato	Rice	New Potatoes	Pasta	Potato
Vegetables	Peas		Broccoli & Cauliflower	Baked Beans	Sweetcorn
Salad	Mixed Salad	Mixed Salad	Carrot & Cucumber sticks	Mixed Salad	Tomato & Cucumber Sticks
Dessert	<i>Fruit with a dairy based accompaniment</i> Semolina & Fruit Puree (Milk) & Fresh Fruit	<i>Fruit based pudding or cake</i> Cake & Custard (Wheat/Gluten/Milk) Fresh Fruit	<i>Cheese Spread & Crackers</i> (Wheat/Gluten/Milk) & Fresh Fruit	<i>Fruit with a dairy based accompaniment</i> Fruit Yoghurt (Milk) & Fresh Fruit	<i>Fruit with a dairy based accompaniment</i> Fruit Mousse (Milk) & Fresh Fruit

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