

(1PW)

(2PW)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish	<i>Meat Free</i> Jacket Potato & Cheese	<i>Chicken Dish</i> Chicken Curry	<i>Meat Free</i> Macaroni & Cheese (Wheat/Gluten/Milk/Cheese)	<i>Meat Dish</i> Shepherd's Pie	<i>Fish Dish</i> Fish Fingers & Chips (Wheat/Gluten)
Vegetarian	Jacket Potato	Vegetable Curry	Macaroni & Cheese	Vegetarian Shepherd's Pie	Vegetarian Fingers
Other Dietary Needs					
Starchy Foods (Rice/Pasta/Potato etc.)	Potato	Rice	Pasta	Potatoes	Chips
Vegetables	Beans & Sweetcorn	Broccoli	Baked Beans	Mixed Vegetables	Sweetcorn
Salad	Mixed salad	Mixed salad	Tomato & Cucumber	Mixed salad	Tomato & Cucumber
Dessert	<i>Fruit based dessert with dairy accompaniment</i> Fruit Yoghurt & Fresh Fruit (Milk)	<i>Cheese & Crackers</i> & Fresh Fruit (Milk/Wheat/Gluten)	<i>Fruit based dessert with dairy accompaniment</i> Rice Pudding & Pureed Fruits & Fresh Fruit (Milk)	<i>Fruit based dessert with dairy accompaniment</i> Mixed Fruit Salad & Cream (Milk)	<i>Fruit based pudding or cake</i> Fruit Crumble & Custard (Milk/Wheat/Gluten) & Fresh Fruit

Please note: We receive weekly food deliveries from FareShare, a food Charity, we plan our menu after this delivery each Wednesday. We follow the school food standards and the 'Eat Better, Start Better' guidelines.

If your child has any food allergies please speak to your child's key person. We cater for children's special dietary needs.

- **Fresh water is offered with every meal**

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish	<i>Fish Dish</i> Fish Fingers & Chips (Wheat/Gluten/Egg)	<i>Meat Free</i> Vegetable Pasta Bake (Wheat/Gluten)	<i>Chicken Dish</i> Chicken Casserole	<i>Meat free</i> Vegetable Curry & Rice	<i>Meat Dish</i> Spaghetti Bolognese (Wheat/Gluten/Egg)
Vegetarian	Vegetarian Fingers	Vegetable Pasta Bake	Vegetable Casserole	Vegetable Curry & Rice	Vegetable Bolognese
Other Dietary Needs					
Starchy Foods (Rice/Pasta/Potato etc.)	Potato	Pasta	Potato	Rice	Pasta
Vegetables	Baked Beans	Sweetcorn Peas Tomatoes	Broccoli Cauliflower	Mixed Vegetables	Sweetcorn
Salad	Mixed Salad	Tomato & Cucumber	Tomato & Cucumber	Tomato & Cucumber	Mixed Salad
Dessert	<i>Fruit based pudding or cake</i> Fruit Crumble & Custard (Wheat/Gluten/Milk) & Fresh Fruit	<i>Fresh Fruit Fruit with a dairy based accompaniment</i> Fruit Yoghurt (Milk) & Fresh Fruit	<i>Cheese Spread & Crackers</i> (Milk/Wheat/Gluten) & Fresh Fruit	<i>Fruit with a dairy based accompaniment</i> Rice Pudding & Pureed fruit (Milk) & Fresh Fruit	<i>Fruit with a dairy based accompaniment</i> Mixed Fruit Salad (Milk) & Fresh Fruit

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish	<i>Meat Dish</i> Meatballs	<i>Fish Dish</i> Fish cakes & potato Wedges (Wheat/Gluten/Egg)	<i>Meat Free</i> Vegetable Pasta bake (Wheat/Gluten)	<i>Chicken Dish</i> Chicken Curry & Rice	<i>Meat Free</i> Jacket Potato & Cheese
Vegetarian	Vegetarian Mince	Fish cakes & potato Wedges	Vegetable Pasta bake	Vegetable Curry & Rice	Jacket Potato
Other Dietary Needs					
Starchy Foods (Rice/Pasta/Potato etc.)	Cous Cous	Potato	Pasta	Rice	Potato
Vegetables	Broccoli	Sweetcorn	Mushroom Sweetcorn Peas	Peas	Beans & Sweetcorn
Salad	Tomato & Cucumber	Tomato & Cucumber	Tomato & Cucumber	Tomato & Cucumber Coleslaw	Tomato & Cucumber
Dessert	<i>Fresh Fruit</i> <i>Fruit based dessert with dairy accompaniment</i> Mixed Fruit Salad (Milk) & Fresh Fruit	<i>Fruit based pudding or cake</i> Fruit Crumble & Custard (Wheat/Gluten/Egg/Milk) & Fresh Fruit	<i>Fruit based dessert with dairy accompaniment</i> Fruit Yoghurt (Milk) & Fresh Fruit	<i>Cheese & Crackers</i> (Milk/Wheat/Gluten) & Fresh Fruit	<i>Fruit based dessert with dairy accompaniment</i> Rice Pudding with Pureed Fruits (Milk) & Fresh Fruit

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Meat/Fish	<i>Meat Free</i> Vegetable Stew	<i>Meat Dish</i> Savoury Mince	<i>Fish Dish</i> Tuna Pasta Bake (Wheat/Gluten)	<i>Meat free</i> Vegetable Curry	<i>Chicken Dish</i> Barbeque Chicken
Vegetarian	Vegetable Stew	Quorn Mince	Vegetable Pasta Bake	Vegetable Curry	Vegetarian sausages
Other Dietary Needs					
Starchy Foods (Rice/Pasta/Potato etc.)	Rice	Potato	Pasta	Couscous	Rice
Vegetables		Shredded Carrot	Broccoli Cauliflower	Mixed Vegetables	Sweetcorn
Salad	Mixed Salad	Tomato & Cucumber	Tomato & Cucumber	Tomato & Cucumber	Mixed Salad
Dessert	<i>Fruit with a dairy based accompaniment</i> Rice Pudding with Pureed Fruits (Milk) & Fresh Fruit	<i>Fruit with a dairy based accompaniment</i> Mixed Fruit Salad (Milk) & Fresh Fruit	<i>Fruit based pudding or cake</i> Fruit Crumble & Custard (Wheat/Gluten/Milk) & Fresh Fruit	<i>Fruit with a dairy based accompaniment</i> Fruit Yoghurt (Milk) & Fresh Fruit	<i>Cheese Spread & Crackers</i> (Milk/Wheat/Gluten) & Fresh Fruit

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish	<i>Chicken Dish</i> Chicken Casserole	<i>Meat Free</i> Lentil & Vegetable Stew	<i>Meat Dish</i> Chilli Con Carne	<i>Fish Dish</i> Tuna Pasta bake (Wheat/Gluten)	<i>Meat Free</i> Vegetable Fried Rice (Wheat/Gluten/Egg)
Vegetarian	Vegetarian Casserole	Lentil & Vegetable Stew	Vegetarian Chilli Con Carne	Pasta Bake	Vegetable Fried Rice
Other Dietary Needs					
Starchy Foods (Rice/Pasta/Potato etc.)	Potato	Cous Cous	Rice	Pasta	Rice
Vegetables	Peas		Mixed Vegetables	Sweetcorn	Carrot & Broccoli
Salad	Tomato & Cucumber	Tomato & Cucumber	Tomato & Cucumber	Tomato & Cucumber	Tomato & Cucumber
Dessert	<i>Cheese & Crackers</i> (Milk/Wheat/Gluten) & Fresh Fruit	<i>Fruit based dessert with dairy accompaniment</i> Rice Pudding with Pureed Fruits (Milk) & Fresh Fruit	<i>Fruit based dessert with dairy accompaniment</i> Mixed Fruit Salad (Milk) & Fresh Fruit	<i>Fruit based pudding or cake</i> Fruit Crumble & Custard (Wheat/Gluten/Egg/Milk)	<i>Fruit based dessert with dairy accompaniment</i> Fruit Yoghurt (Milk)

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