

Sensory Play

Eye contact game

If your child finds it difficult to give you eye contact, why not develop a hiding/peeping game to gain their attention?

You need

- A screen. This is just something to hide behind, a big box on a table or a cloth covered chair to hide behind would do.
- Items you can wear or put on your head or face quickly e.g. glasses, hat, scarf, stickers, a comb, a sieve etc
- Soft toys or puppets

Instructions

The idea is to hide, jump up and repeat, each time you appear from behind the screen, look and sound different. These are some examples you could try...

- Come up slowly and say 'boo'
- Jump up wearing glasses singing a jingle
- Wear a baseball cap and sing a little bit of Paw Patrol theme
- Cover head with a large piece of cloth and make ghost noises
- Use a puppet whilst making appropriate animal noises

<https://www.youtube.com/watch?v=KApsDzfdUuI>

Rhyme of the Week

Sleeping Bunnies



- If your child finds it difficult to stop jumping, you could try encouraging them by exaggerating your own movements and freezing when you say 'stop.'
- If your child likes a different animal, you can easily switch up the bunnies.
- Hold off on repeating song straight away, see if your child requests you to sing again.

Link to Christine, a Southwark Librarian, singing Sleeping Bunnies

https://www.youtube.com/watch?v=EVDxSqU_OzA

Makaton sign for rabbit

https://www.youtube.com/watch?v=N_qZeR3i4LY

Physical Play

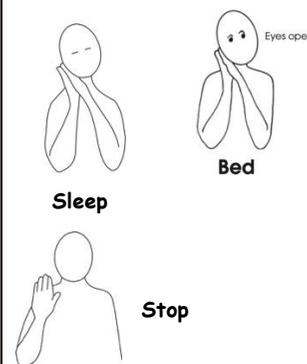
International Day of Yoga 21st June



Cosmic Yoga have lots of yoga videos for children. Some moves are really tricky (well they are for some of us adults!) but you might have some fun trying the poses out for yourselves.

https://www.youtube.com/watch?v=iHoErQuFw_4

Makaton symbols and signs of the week



Sleep
Bed
Stop

Sleep and bed are signed in nearly the same way. Eyes closed for **sleep**, eyes open for **bed**.

Lucinda signs **stop**

<https://www.youtube.com/watch?v=ecWOhmeC9pM>

Pairs Matching Game

Hide pairs of safe to handle objects in a box. You could e.g. hide them in shredded paper, inside a bag, in a pile of socks or sand. Encourage you child to find two of the same! Lay them out neatly in pairs.

Dependent on your child you may want to have two separate boxes, you find one half of the pair, they find the next or you might want to hide two objects that are associated with each other, eg a hat & scarf, swimming costume & goggles



As always, these ideas are just suggestions. We hope all our families are keeping well. We are welcoming some children back to School and understand that others will be continuing with their learning at home.

If there is anything you would particularly like to see on the Sensory Home Learning Sheets or individual advice, please contact Lisa, Sue or your child's key person.