

Lunch Menu - Autumn Term
Week Beginning:

Week (5)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish	<u>Meat Dish</u> BBQ Chicken	<u>Meat Free Dish</u> Cheese & Tomato Pizza (Cheese, Wheat)	<u>Meat Free Dish</u> Vegetable Lasagne (Cheese, Milk, Wheat)	<u>Fish Dish</u> Battered Cod (Milk, Wheat)	<u>Red Meat Dish</u> Beef Meatballs
Vegetarian	Ratatouille	Cheese & Tomato Pizza	Pasta with Spicy Tomato Sauce	Vegetarian Sausage	Quorn Mince
Starchy Foods (Rice/Pasta/Potato etc.)	Rice (Starch, Gluten)	Bread (Starch, Gluten)	Pasta (Starch, Gluten)	Chips (Starch)	Mash Potato (Starch)
Vegetables	Steam Broccoli	Steam Carrots Cabbage		Baked Beans Sweetcorn	Garden Peas
Salad	Diced Cucumber	Mixed Salad	Lettuce Cucumber	Mixed Salad	Lettuce & Tomato
Dessert	Peaches & Cream Fresh Fruit	Yoghurt Fresh Fruit	Fruit Salad	Creamy Rice Pudding (Starch, Milk, Gluten) Fresh Fruit	Cheese & Crackers (Cheese, Milk, Wheat) Fresh Fruit

Please note: We receive weekly food deliveries from FareShare, a food Charity, we plan our menu after this delivery each Wednesday. We follow the school food standards and the 'Eat Better, Start Better' guidelines.

If your child has any food allergies please speak to your child's key person. We cater for children's special dietary needs.

- Fresh water is offered with every meal