

Week (4)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Meat/Fish</b>	<b><u>Chicken Dish</u></b> Chicken Curry	<b><u>Meat Free Dish</u></b> Vegetable Stir-Fry	<b><u>Fish Dish</u></b> Fish Fingers	<b><u>Red Meat Dish</u></b> Beef Stew	<b><u>Meat Free Dish</u></b> Macaroni Cheese
<b>Vegetarian</b>	Vegetable Curry	Vegetable Stir-Fry	Vegetable Burgers	Mexican Bean Pot	Macaroni Cheese <b>(Milk)</b>
<b>Starchy Foods (Rice/Pasta/Potato etc.)</b>	Rice <b>(Gluten)</b>	Noodles <b>(Egg, Gluten, Wheat)</b>	Chips <b>(Starch)</b>	New Potato <b>(Starch)</b>	Pasta <b>(Gluten, Starch)</b>
<b>Vegetables</b>	Steamed Carrots		Peas Baked Beans	Steamed Vegetables	Garden Peas
<b>Salad</b>	Mixed Salad	Mixed Salad	Mixed Salad	Cucumber sticks	Sliced Pepper, Carrot sticks & Cucumber
<b>Dessert</b>	Peaches & Cream <b>(Milk)</b> Fresh Fruit	Yogurt <b>(Milk)</b> Fresh Fruit	Apple Crumble & Custard <b>(Milk, Starch, Wheat)</b> Fresh Fruit	Cheese Spread & Crackers <b>(Milk, Wheat, Gluten)</b> Fresh Fruit	Frozen Yogurt <b>(Milk)</b> Fresh Fruit

**Please note:** We receive weekly food deliveries from FareShare, a food Charity, we plan our menu after this delivery each Wednesday. We follow the school food standards and the 'Eat Better, Start Better' guidelines.

If your child has any food allergies please speak to your child's key person. We cater for children's special dietary needs.

- Fresh water is offered with every meal