

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat/Fish	<u>Chicken Dish</u> Chicken Sausage	<u>Fish Dish</u> Fish Fried Rice	<u>Meat Free Dish</u> Vegetarian Bolognese	<u>Meat Free Dish</u> Vegetable Stew	<u>Chicken Dish</u> BBQ Chicken Thighs
Vegetarian	Quorn Sausage (Eggs)	Vegetable Fried Rice (Starch)	Vegetarian Bolognese	Vegetable Stew	Crispy topped Vegetable Pie
Starchy Foods (Rice/Pasta/Potato etc.)	Mash Potato (Starch)	Rice (Starch)	Pasta (Wheat, Gluten, Starch)	Rice (Gluten, Starch)	Chips (Starch)
Vegetables	Steamed Cabbage & Carrot	Peas Sweetcorn Mushroom	Sweetcorn		Baked Beans Sweetcorn
Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad
Dessert	Creamy Rice Pudding (Milk, Gluten, Wheat) Fresh Fruit	Stew Pear & Custard (Milk) Fresh Fruit	Cheese & Crackers (Wheat, Milk) Fresh Fruit	Chocolate and Beetroot Cake and Custard (Milk, Eggs, Wheat) Fresh Fruit	Yogurt (Milk) Fresh Fruit

Please note: We receive weekly food deliveries from FareShare, a food Charity, we plan our menu after this delivery each Wednesday. We follow the school food standards and the 'Eat Better, Start Better' guidelines.

If your child has any food allergies please speak to your child's key person. We cater for children's special dietary needs.

- Fresh water is offered with every meal