

Dear Parents and Carers,

We are sending you a few suggestions of things you can choose to do whilst spending time at home with your child.

When out walking as part of your daily exercise, make the most of it by seeing what is around you and even asking your child if they'd like to take photos. Please do remember to observe the social distancing guidelines.

We understand lots of you will be working from home and this can be challenging with children wanting your attention. We suggest you don't worry about some screen time to help with this. It is also okay for children to be bored as this can support them to be creative and imaginative. <https://www.theguardian.com/education/2020/mar/23/let-your-kids-get-bored-emergency-advice-from-teachers-on-schooling-at-home>

Take breaks and play with your child for short periods of time. Together you could start off building something or playing pretend role-play games with toys. These are great starting points that allow your children to carry on independently.

If you would like to send a Tweet of some of the things you have been doing, please do. @KintorewayNS or we can load them onto Twitter for you with your permission.

We are all doing the best we can in these unusual circumstances. If you have any questions or you need help with anything, please email the office and someone will get back to you. office@kintoreway.southwark.sch.uk

We will be emailing more ideas each week so please look out for them.

Yours sincerely,



Sarah Lee
Deputy Head Teacher