Baby Stay and Play at Rotherhithe (0-12months)

A time and space for you and your baby to take time out to relax and enjoy fun activities aimed at learning and supporting your child's development with our team on hand to support you with any queries you might have.

Bookstart (term time only) Come along and enjoy our baby rhyme time sessions. This is a unique way to have fun with your child while they learn new rhymes and develop their listening skills. You can borrow books and story sacks to share with your child at home. Weekly, term time only. Sessions are free and there is no need to book.

Breastfeeding Café Breastfeeding cafés provide a safe and comfortable environment to support preanant and breastfeeding women to start and continue breastfeeding. All pregnant and breastfeeding mothers are welcome.

Bumps and Babies at Ellen Brown (0-12months) A time and space for you and your baby to take time out to relax and enjoy fun activities aimed

at learning and supporting your child's development with our local child development workers on hand to support you with any queries you might have.

Chattertime 'Chattertime' is a weekly drop-in for families with children under 5, aimed at encouraging the development of young children's early communication skills. A Speech and Language Therapist attends the group each week to give advice and support to parents and carers on the development of early speech and lanauaae skills.

Childminders Group (term time only) Fun Stay & Play group for childminders and prospective childminders. Meet your colleagues, enjoy activities and receive professional support and advice. Also if you are looking for a childminder why not come along and meet those in the group and see what vacancies they have?

Dads' Stay and Plays 15 September, 13 October, 17 November & 15 December 2018 Calling all

dads, space, indoors and out for you and your child to explore and make friends, aet involved in activities including messy play, exploration and imaginative play to support you and your child's development with our team on hand to support you with any queries you might have and an opportunity to meet other dad's/male carers from the local community.

Family Music + Stay & Play at Rotherhithe (0-5years) All welcome to this lively

communication friendly session, you and your child can sing and make music whilst also making friends and having fun, be inspired and develop confidence in talking and sharing.

Parent & Toddler Group Space, indoors and out for you and your child to explore and make friends, get involved in activities including messy play, exploration and imaginative play to support you and your child's development with our team on hand to support you with any aueries vou miaht have.

Zumba Kids Jr at Rotherhithe Get active, join Family Zumba, you and your child can get their groove on twist, jump, and move to the beat. Active involvement in this session isn't just fun it can also increase you and your child's fitness. confidence and self-esteem.

Soft Play (0 months-5years) (Term time only)

Want to have space to get active and have fun then come to soft play which is an active soft play session for babies and toddlers 0-5 to burn off some energy and improve coordination and balance through play.

Terrific Twos at Pilgrims Way (20-30months)

Come along, meet other parents and get some ideas about the delights and demands of parenting 2 year olds. You and your child can take part in messy play, exploration and imaginative play to support you and your child's development and next steps into nursery education.

If you have any enquires and questions about our groups, please contact us on the details below:

> Telephone: 0207 525 1472 / 0207 358 2878 Email: ccadmin@pilgrimsway.southwark.sch.uk

If you have any enquires about our courses, please call us on the number above or email our Parenting and Volunteer Co-ordinator at Lucywright@pilgrimsway.southwark.sch.uk



Southwark Children and Family Centres Bermondsey and Rotherhithe



Pilarims' Wav Children's Centre

Tustin Estate, Manor Grove, SE15 1EF Bus: 453, 53, P12, 21, 42, 172

Rotherhithe Children's Centre

Southwark Park, Hawkstone Road, SE16 2PF

Bus: 1, 381

Blue Anchor Library

Market Place Southwark Park Road, SE16 3UQ

Bus: 1, P12, 381

Ellen Brown Children's Centre

145 Grange Road, SE1 3EU Bus: 78. 188

Riverside @ Salmon Centre

Salmon Centre .43 Old Jamaica Road. SE16 4TE

Bus: 188, 381, C10

Canada Water Library

21 Surrey Quays Road, SE16 7AR Bus: 1, 47, 188, 199, 225, 381, C10



Bermondsey & Rotherhithe Children's Centre September – December 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM -	Childminders Group (Term time only) 10am-12 noon ELLEN BROWN CENTRE Chattertime (Term time only) 10am- 11:30am ROTHERHITHE CENTRE	Soft Play (0-5 years) (Term Time only) 10am -12 noon (Last entry 11:30) Riverside @ Salmon Centre	Breastfeeding Café 10am-11:30am ROTHERHITHE	Soft Play (0-5 years) (Term Time only) 10am -12 noon (Last entry 11:30) Riverside @ Salmon Centre	Zumba Kids Jnr. (0-5 years) 9:45am-10:30am ROTHERHITHE CENTRE Breastfeeding Café 10am-11:30am	Stay & Play for Dads 10am- 12 noon ROTHERHITHE CENTRE September 15 October 13 November 17 December 15
	Bookstart (0-5 years - Term Time only) 10am-11:30am BLUE ANCHOR Bookstart (0-5 years - Term Time only) 10am-11:30am CANADA WATER	Terrific Twos (20-30 months) 10am-12 noon PILGRIMS' WAY	CENTRE	Bookstart (0-5 years) (Term Time only) 10am -11:30am PILGRIMS' WAY	Parent & Toddler Group (0-5 years) 10am-11:30am PILGRIMS' WAY	

	Soft Play		Lunch Club for Young	Bumps & Babies	Chattertime	
	(0-5 years - Term Time only)		Parents	(0-12 months)	(Term time only)	
	2:30pm -4:30pm (Last entry 4pm)	Baby Stay & Play	12:30pm-2:30pm	1pm-2:30pm	1:30pm-3pm	
	Riverside @ Salmon Centre	(0-12 months)	Sept 15	ELLEN BROWN CENTRE	ELLEN BROWN CENTRE	For full details of all
PM		1:30-3pm	Oct 17			these sessions,
	Parent & Toddler Group	ROTHERHITHE CENTRE	November	Family Music Stay & Play	Parent & Toddler Group	,
	(0-5 years)		December	(0-5 years)	(0-5 years)	see the next page
	1:30pm-3pm			1:30pm-3pm	ROTHERHITHE CENTRE	
	ELLEN BROWN CENTRE		PILGRIMS' WAY	ROTHERHITHE CENTRE		